EDUCATION

## **Montana State University**, Bozeman, MT; M. Ed. Counseling **1988**

Thesis: Loss and Grief Recovery (Hospice)

**Indiana University**, Bloomington, IN; B.S. in Education **1973**

# EXPERIENCE

## **Mind-Body-Spirit Instructor and Speaker** **1993 - Present**

* Creates and facilitates panels and workshops revealing the wisdom inherent in nature for the soul’s ecology
* Presents thematic conference material on cultivating consciousness through our innate Inner Teacher and developing a feminine model for an ecologically balanced soul
* Guides participants into Ceremony in Nature commemorating new insights and life passages
* Accepts invitations as a guest speaker for various events at colleges and universities
* Educates psycho-spiritually oriented colleagues in the use and practice of ancient healing modalities in contemporary society
* Delivers lectures and book readings at body-mind-spirit regional conferences and expositions
* Creates and sponsors spiritually-educating Leading Edge DVD discussion groups for local communities

**Psycho-Spiritual Therapist** **1988 - 2012**

* Provided in-home Individualized Retreat Program Intensives for the Soulful Journeyer
* Created Statewide Approved Year-Long Regenesis Training and Certification Program in Healing Modalities (for 40 CEUSs)
* Taught Somatic Equine Psychotherapy
* Generated and disseminated psycho-spiritual teaching tools for clients and community events
* Supervised interns seeking clinical licensure
* Developed and conducted over 200 workshops nationally and abroad on spiritually and psychologically-related topics
* Conducted private practice as Licensed Clinical Professional Counselor (LCPC) and Transpersonal Teacher (AIWP)

# LICENSES & CERTIFICATIONS

* Licensed Clinical Professional Counselor (LCPC)
* Spiritual Counselor and Transpersonal Teacher (AIWP)
* Integrative Breathwork, Shamanic Breathwork
* EMDR, Eye Movement Desensitization and Reprocessing
* Voice Dialogue
* Honorary Seneca Nation Wolf Clan Teaching Lodge Membership
* Transpersonal Hypnotherapist (Association for Transpersonal Psychology and Certified Hypnotherapist Specializing in Transpersonal Hypnotherapy ATP and THI)
* Charter Member Feng Shui Guild
* 1st Degree Reiki (Hands-On Energetic Healing)

**Extended Workshops**

* Peaceways: the Art of Forgiveness
* Women’s Awareness
* Wellness Book Study Groups
* Passageways: Honoring Life Journeys
* Healing Through the Chakras
* Crystal and Sound Healing
* Voice Dialogue
* Finding Your Purpose
* Dancing With the Divine
* The Sentience of Water
* Shadow Dancing (Jungian Concepts)
* Lady of the Lake (encounters with the Divine Feminine)
* Hakomi: the Somatics of Intelligence
* Seven Paths of Inner Knowledge
* The Power of Archetypes
* Transactional Analysis
* Meditative Drumming, Movement, and Dance
* The Art of Imagery
* Personality Typology
* Transitions: From Two to One: the Art of Living Alone
* Stages of Birth Throughout our Lives
* The Heroine’s Journey
* Energy Balancing
* Accessing and Balancing the Inner Feminine and Masculine
* The Solace of Nature

**Individual and Collaborative Single Workshops**

* Trusting the Soul’s Natural Ecology
* Teaching and Walking the Medicine Wheel
* Writing Down the Bones (journaling)
* Solstice and Equinox Ceremonies
* Paddling Into Peace: Kayaking Retreat for Reclaiming Our Feminine Intuition
* Divination Card Readings for Life Passages
* Selected Book Readings

**Events & Program Development**

* Community Women’s Empowerment Panels and “Books That Guide and Inspire Us” with counselors and naturopathic doctors
* Created Equine Self-Directed Learning Systems for non-profit riding schools
* Created, promoted, and delivered Somatic Equine Therapy Program on own property
* Psychological Consultant for Adult Equine Apprenticeship Program
* Received volunteer hospice training (local and regional) and facilitated Loss Support Groups
* Creation of body-mind-spirit newsletters for various organizations
* Devised and implemented Ancient Healing, Modern Applications, a one-year course for licensed colleagues
* Organized and facilitated community poetry gatherings